



# ENERGISE EXCITE & ENGAGE

## THE THREE "E's" OF TRAINING

Looking for ways to Energise your audience?  
Excite them with your Presentation?  
Engage them fully?

Would you like to know how to keep the Energy high and facilitate a higher level learning experience through fun and interaction?

If so, then this is a workshop not to be missed - **HIGHLY** recommended by Laurie Kelly!



with  
**Roger Carter**

The '**Energise and Engage**' workshop is guaranteed to provide you with many ideas and games that you can utilise with your own training and development groups. During the full on one day workshop we will:

- Discuss the risk management issues
- Discuss the concept of 'serious fun'
- Demonstrate how to teach on the run '*fly by the seat of your pants*'
- Provide you with a simple model to de-brief your activities
- Provide you with low cost/low prop games
- Provide a basis on how to 'invent' your own games
- And depending on the dynamics of the groups more....

This hands on, practical workshop is designed for **trainers, teachers, facilitators and coaches** to experientially explore the utilisation of games to add value to your training 'toolbox' of tricks and resources. During the workshop we'll create a non-threatening fun environment using games, activities and simulations. At the end of the day you'll go away with at least 30 practical low prop activities suitable for any group – young, old or in-between.

This is an excellent accompaniment to Graduates of the "**Maximise Your Training Impact**" **Levels 1 & 2** and "**Creating the Thinking Environment**" workshops - lots more tips & tricks for your "toolbox".

## Strategies include:

- Non-threatening "ice breakers" - break the ice, not the participants.
- Group juggling – strategies to establish small groups and sub-groups using hula hoops, lines, hands arms, legs of whatever happens to be around.
- Prepare the mind and the body - warm ups for body and mind.
- No names tag names...
- Games to stimulate listening, hearing, team roles, communication, creative thinking, problem solving, initiative...
- Touching - dos, don'ts and taboos.
- High tech props – balls, balloons, blind folds, ropes, string, Frisbees, stockings, latex, hula hoops, paddle pop sticks...
- A model to de-brief the activity
- Analysing the risk – create a safe physical environment
- Metaphors
- Get the know your group – facilitating 'on the run'
- The 'bad joke' or 'the lead balloon' - What to do when things fall flat!

## Learn to do... (plus another 30 tricks):

- Knots – lots of knots, human knots, rope knots, a combination of rope and human knots
- Trains
- Sumo wrestling
- Cable car
- Flag drop

## Rules of engagement:

- Simple rules so no one get hurts – physically and emotionally.

**BOOK for IN-HOUSE SESSION:**

**Call 3289 4977 OR**

**Email [info@mindworksteam.com.au](mailto:info@mindworksteam.com.au) OR**

**ALSO AVAILABLE AS A PUBLIC WORKSHOP – KEEP AN EYE OUT FOR NEW DATES.**

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